

Interested in doing some spring-cleaning?!

Come join us!
TUESDAY, MARCH 19TH

Healthy Priorities cordially invites you to join us for a fun evening talking about

Juicing and Blending

It's almost springtime, so a great time to learn a bit about spring cleaning for our insides. We'll learn the differences between juicing and blending, why everyone is so excited about their "green drinks", and why it might be just the thing to add to your daily meal plan.

DETAILS

- DATE:** Tuesday, March 19th
- TIME:** 7:00 p.m.
- LOCATION:** *Please note new location!* Cathy Burger has volunteered her home this month! 1300 Aringill Lane (near the Siskey YMCA).
- RSVP:** Please email to let me know if you will be attending so we can make sure we have enough chairs, etc.
- COST:** Donations for groceries are always appreciated but never required!
- CONTACT:** jamie@healthypriorities-charlotte.com or 704.222.6328

EVERYONE WHO EATS IS INVITED!!

www.healthypriorities-charlotte.com
Facebook: Healthy Priorities

