



Come join us!
Thursday, November 14th

Healthy Priorities cordially invites you to join us for a fun evening talking about

Eating Outside The Box: To-Go Food

Learn how to think outside of the box and bring healthier, nutrient-dense food to work, school, and play!

DETAILS

- DATE: Thursday, November 14th
- TIME: 7:00 p.m.
- LOCATION: **Please note - same location as last meeting - Cathy's Kitchen!**
1300 Aringill Lane (near the Siskey YMCA).
- RSVP: Please email to let me know if you will be attending so we can make sure we have enough chairs, etc.
- COST: Donations for groceries are always appreciated!
- CONTACT: jamie@healthypriorities-charlotte.com or 704.222.6328

SAVE THE DATE! Thursday, December 5th

We will be having a special screening of "Take Back Your Power", a new documentary about SmartMeters. Very important information, so invite your friends! For more information about the documentary, check out their website at <http://www.takebackyourpower.net>

www.healthypriorities-charlotte.com
Facebook: Healthy Priorities

